



# BERKSHIRE SOUTH

## REGIONAL COMMUNITY CENTER

15 Crissey Road, Great Barrington, MA 01230

Welcome to Sunshine Preschool; we're so excited to have you join us!

### Daily Schedule

- 8 – 9 Drop Off and Free Play
- 9:15 Circle Time (Wednesdays @ 9:00 Splash Pool)
- 9:45 Snack
- 10:15 Structured Activity (art, science, math, etc.)
- 11-12 Large Motor Activity (outdoor play, gym time, or music & movement)
- 12-12:30 Lunch
- 12:30-12:45 Table Activities
- 1-2:30 Quiet Rest Time
- 2:30 Tooth Brushing & Quiet Activities
- 3:15 Snack
- 3:30-4:30 Outdoor Play
- 4:30-5:30 Free Play & Pick Up
- 5:30 Program Closes

At various times throughout the day, children are invited to enjoy center-based play and learning. Materials available at the activity centers vary based on both the interests of the children and the curriculum in place. Some of the centers that are available include:

- Building
- Dramatic Play
- Writing
- Science/Discovery
- Manipulatives & Math
- Sand and/or Water
- Quiet/Book
- Art

We recognize that not all children sleep at rest time, but all children are asked to rest quietly for a short time. The teachers will then provide quiet activities for the children who do not sleep.

Please be sure to sign your child in and out each day. If a different person is coming to pick up your child, please let the teachers know. If the person is listed on your child's permission form, you can let the teacher know verbally, but if not, the teacher will need your written permission in order to release your child to the person. Anyone unknown to the teacher will be asked to show a photo ID to verify their identity.

**What your child will need:** (Please label all items with your child's name)

Items to pack each day:

- Lunch with an ice pack. **No peanuts or tree nuts or any nut products**
- If you prefer that your child follow a special diet or they have food allergies, please enclose extra snacks – otherwise Sunshine will provide a morning and afternoon snack.
- Sneakers & socks
- Clothing appropriate for the weather and outdoor play
- Sun hat/sun glasses
- A small stuffed animal from home for rest time
- Swimsuit, towel, and water shoes (on Wednesdays)

Items to leave at Sunshine

- Sunscreen & Bug Spray
- A complete change of clothing (including socks & underwear).
- If child is not potty trained, pull-ups or diapers and wipes
- A blanket and small pillow for napping (we'll send these home at the end of each week for washing)

Lunches should provide a balanced meal and include items from all of the food groups. Sunshine is **peanut and tree nut free.**

**What not to bring:**

- Sweets & desserts
- Toys from home (a soft toy for rest time is okay)
- Electronics
- Items containing or made in a facility that processes peanuts or tree nuts

**Program Closures**

While we try to stay open as much as possible to accommodate parents' work schedules, Sunshine Preschool does close on occasion. Our scheduled closures include the following:

- Labor Day
- Thanksgiving Day
- Christmas Eve
- Christmas Day
- New Years Eve
- New Year's Day: 9 a.m. opening
- Memorial Day
- July 4

If you'd like to contact Sunshine during the day to check on your child, please call 413-528-2810 ext. 16. When we are outdoors or busy with the children, we may not answer the phone, but we check voicemail frequently and will call back quickly.

Thank you for choosing Sunshine Preschool. Please feel comfortable to contact us about anything. We look forward to spending this school year with your child!