

LANE SCHEDULE	March 29 through April 21, 2024 (Learn-To-Swim Youth Group Lessons and Flying Fish start week of April 22)						
DAY of WEEK	6:30-9:15	9:15-10:15	10:15-11:30	11:30-4:00	4:00-5:30	5:30-6:30	6:30-8:00
<b>Monday</b>	Lap Swim (Ln 1-6)	<b>AQUA STRENGTH</b> (Ln 1-3 Big Space)  Lap Swim (Ln 4-6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3-6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3&4)  Pvt Lesson (Ln 5&6)	<b>ADAPTIVE ADULT</b> (Ln 1&2 Big Space)  Lap Swim (Ln 3&4)  Pvt Lesson (Ln 5&6)	<b>CARDIO CRUSH</b> (Ln 1-3 Big Space)  Lap Swim (Ln 4-6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3-6)
<b>Tuesday</b>	Lap Swim (Ln 1-6)	<b>AQUA CORE</b> (Ln 1-3 Big Space)  Lap Swim (Ln 4-6)	<b>AQUA ZUMBA</b> (Ln 1-3 Big Space)  Lap Swim (Ln 4-6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3&4)  Pvt Lesson (Ln 5&6)	<b>ADAPTIVE YOUTH</b> (Ln 1&2 Big Space)  Lap Swim (Ln 3&4)  <b>AFTER SCHOOL</b> (Ln 5&6)	<b>AQUA BOOTCAMP</b> (Ln 1-3 Big Space) Lap Swim (Ln 4&5)  Pvt Lesson (Ln 6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3-6)
<b>Wednesday</b>	Lap Swim (Ln 1-6)	<b>AQUA BLAST</b> (Ln 1-3 Big Space)  Lap Swim (Ln 4-6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3&4)  Pvt Lesson (Ln 5&6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3&4)  Pvt Lesson (Ln 5&6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3&4)  Pvt Lesson (Ln 5&6)	<b>INTERGEN VOLLEYBALL</b> (Ln 1-3 Big Space)  Lap Swim (Ln 4-6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3-6)
<b>Thursday</b>	Lap Swim (Ln 1-6)  <b>ADULT GROUP LESSON</b> 9:15-10:00AM, Lns 1&2	<b>FOUNTAIN OF YOUTH</b> (Ln 1-3 Big Space)  Lap Swim (Ln 4-6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3&4)  Pvt Lesson (Ln 5&6)	<b>AQUA THRILLS</b> (Ln 1-3 Big Space)  Lap Swim (Ln 4-6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3&4)  Pvt Lesson (Ln 5&6)	<b>AQUA BOOTCAMP</b> (Ln 1-3 Big Space)  Lap Swim (Ln 4&5)  Pvt Lesson (Ln 6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3-6)
<b>Friday</b>	Lap Swim (Ln 1-6)	<b>SUNSHINE PRE-K</b> (Splash Pad until 9:50)  Lap Swim (Ln 1-6)	<b>HAPPINESS HOUR</b> (Ln 1-3 Big Space)  Lap Swim (Ln 4-6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3&4)  Pvt Lesson (Ln 5&6)	<b>AFTER SCHOOL</b> (Ln 1&2 Big Space)  Lap Swim (Ln 3&4)  <b>OOS LESSON</b> (Ln 5&6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3-5)  Pvt Lesson (Ln 6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3-6)
<b>Saturday</b>	Lap Swim (Ln 1-5)  (Pvt Lesson 8-9AM Ln 6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3&4) Pvt Lesson (Ln 5&6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3&4) Pvt Lesson (Ln 5&6)	<b>Saturday AM JAM</b> (Ln 1&2 Big Space)  Start 10:15: Lap Swim (Ln 3-5)  <b>ADAPTIVE YOUTH</b> (Ln 6)	Open Swim or BDAY Party (Ln 1&2 Big Space)  Lap Swim (Ln 3&4)  Pvt Lesson (Ln 5&6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3&4)  Pvt Lesson (Ln 5&6)	
<b>Sunday</b>	Lap Swim (Ln 1-5)  (Pvt Lesson 8-9AM Ln 6)	Open Swim (Ln 1&2 Big Space) Lap Swim (Ln 3&4)  Pvt Lesson (Ln 5&6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3&4)  Pvt Lesson (Ln 5&6)	Open Swim or BDAY Party (Ln 1&2 Big Space)  Lap Swim (Ln 3&4)  Pvt Lesson (Ln 5&6)	Open Swim (Ln 1&2 Big Space)  Lap Swim (Ln 3&4)  Pvt Lesson (Ln 5&6)		

**LEGEND:**

**OPEN SWIM** means that Lanes 1 & 2 are open into a wider rectangle. Folks of all ages are welcome to use the space for free exercise/safe aquatics play.

**RED spaces** Indicates NO LAP SWIM

**ORANGE spaces** Indicates ONE LAP LANE ONLY FOR CIRCLE SWIM

**DARK RED FONT** indicates YOUTH or INTERGENERATIONAL Programming.

**DARK BLUE FONT** indicates ADULT Programming.